

## Fresh Squeezed

The color orange is having a moment, so add a little juice to your beauty routine.

This citrusy shade has spiked in popularity because it will warm up any skin tone. The key to wearing it, L.A. makeup artist Fiona Stiles says, is to go for sheer formulas and keep the rest of your makeup neutral. Scared? Try it on your fingertips or toes.



Essie Nail Lacquer in Fear or Desire (\$7; drugstores)



NYX Rouge Cream Blush in Orange (\$7; drugstores)

Guerlain Shine Automatique Hydrating Lip Shine in Pamplelune (\$35; [saksfifthavenue.com](http://saksfifthavenue.com))



**Q** I want to wear a sleeveless top, but I have red and flesh-colored bumps on the backs of my arms. What is it, and how do I get rid of it?

**A** You probably have a condition called keratosis pilaris, which is caused by a buildup of protein in the hair follicles. While very common, it can be tough to treat, says **Mary Lupo**, M.D., a dermatologist in New Orleans. First, try a cream that contains an exfoliating ingredient such as salicylic acid. (Try CeraVe SA Renewing Lotion, \$11; drugstores). If that doesn't work, see your doctor for a prescription.



### Well defined: BB Creams

The "BB" stands for beauty balm or sometimes blemish balm. These creamy tinted moisturizers have been tricked out with extra skin care ingredients and brighteners. Two to try: Estée Lauder DayWear Beauty Benefit Creme SPF 35 (\$38; [esteelauder.com](http://esteelauder.com)) and Too Faced Tinted Beauty Balm (\$32; [sephora.com](http://sephora.com)).



### CHEAP THRILL

#### Mane must-have

Dry shampoo has long been a staple for hairstylists. (They use it to give fine hair extra lift and to absorb oil at the roots to extend the life of a blowout.) But beauty insiders have tended to rely on pricey salon brands to get their fix. A worthy alternative: Dove Refresh+Care Invigorating Dry Shampoo won't leave your hair looking white or gray (as similar formulas can), it adds serious volume to limp locks, and when spritzed onto bobby pins it can help an updo last all night; \$4, drugstores. ■

