

redbook

SPECIAL ISSUE!

THE EASY BEAUTY GUIDE

- haircut makeovers
- shortcuts to great skin
- drugstore miracles

10 ways to feel young and stay healthy

SPRING DEALS!

110 cute finds under \$50

Zoey Deschanel talks all about her baby, finding balance & getting back in shape

6 BEST SNACKS FOR WEIGHT LOSS

“How we



USE A NECK CREAM

“Your face products may be too harsh for this very dry, sensitive area,” [says dermatologist Mary Lupo, M.D.]. “Neck creams are designed specifically for the thin skin – much like how body wash and face wash formulas are quite different.” Lupo’s favorite is Nectifirm®. “It’s ultra-hydrating and has excellent peptides, plus antioxidant Vitamin C to brighten skin.”